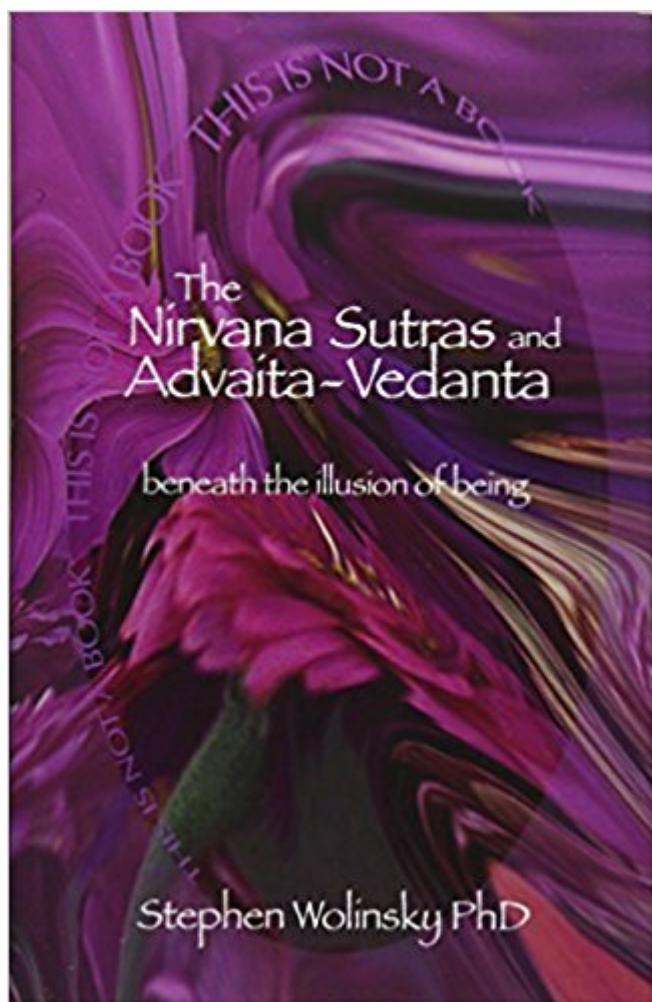


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NIRVANA SUTRAS AND ADVAITA-VEDANTA, THE: BENEATH THE ILLUSION OF BEING



Synopsis

Now from the founder of Quantum Psychology, a direct disciple of Sri Nisargadatta Maharaj and the author of fourteen books, comes the last word in Self-realization." The Nirvana Sutras and Advaita-Vedanta: Beneath the Illusion of Being." Following on Nisargadatta Maharaj's basic premise, "All you can teach is understanding, the rest comes on its own," Dr. Wolinsky through a series of sutras and commentaries, demonstrates using eight contexts ranging from Buddhism to science, from Advaita-Vedanta, neuro-science and linguistics, and tantric yoga, to provide a long neglected understanding which lies at the core of all of these teachings, that all spirituality and psychology are dependent on the existence of a separate independent individual subject-I, and if this subject-I is an illusion, a product of the nervous system, a miss-perception, then not only does the "I" disappear, but so does the foundation and basic premise of all spirituality, spiritual paths and psychology.

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Customer Reviews

Simply amazing. A masterpiece. The complete deconstruction of the illusory "I." We call this a book but there is no book. Simply words, abstractions of nothing. Peace and blessings be upon the author.

This is not so much a lucid and illuminating work of scholarship as a kind of poetic and distortive acid trip. Each page of writing could be replaced by a simple exclamation point. The title is intensely misleading. Don't waste your money.

Stephen Wolinsky is one of the greatest spiritual teachers I have come across. Not for everyone but great if you are ready to hear the truth.

product as specified

Happiness is where the "I" isn't....Before even starting chapter one , I had to close the book to reflect on such a profound statement . Later, I read a quote from Buddha , saying no one ever entered nirvana . Once again, I find it necessary to close the book and reflect .This is a deep , profound , life changing book that isn't a quick read. I highly suggest reading only one section per day .

.....This statement alone is worth the price of the book. Dr. Stephen Wolinsky demonstrates step by step, the how and why of NIRVANA meaning EXTINCTION.Wolinsky uses startling quotes from the Buddha, " you might not necessarily be aware of your own enlightenment" and from Nagarjuna, "there never was a Buddha who taught anything" to show the underlying nothing which is not nothing as a thing, but rather a word to describe what is not. ... BRILLIANT!

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